

Personal Action Plan

1. My goal is to read The E100 passages over the next:

- 100 Days
 20 Weeks
 1 year
 2 Years

Other:

2. My plan is to take (minutes) to read the Bible and pray

- In the Morning
 During my Lunch Break
 In the Evening/Before Bed
 At the Weekend

Other:

3. To help me keep going, I will read The E100 with my:

- Small Group
 Friend(s):

Family:

Other:

Help with the journey

Essential 100 is your companion for The E100 Bible Reading Challenge. It takes you through the 100 Old and New Testament passages - so you'll see how all the major Bible themes fit together. Written in a warm & engaging style, it provides life-related explanation for all 100 passages: plus application questions, prayer help and more.



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BIBLE READING CHALLENGE

biblefresh

It could change your world

About the challenge

The E100 Bible Reading Challenge is a new exciting way to read through the Bible.

The Challenge is based on carefully selected short Bible passages

- 50 from the Old Testament and 50 from the New Testament - that helps you get the big picture of the Bible without getting bogged down.

To take The E100 Bible Reading Challenge, follow these simple steps:

1. Find a Bible translation that is easy for you to understand.
2. Set aside a special time and place to read the Bible each day.
3. Use this Track Your Progress Card.
4. Take the E100 Bible Reading Challenge!

Steps on the journey

PRAY: before you read, asking God to help you understand.
READ: the Bible passage for the day, perhaps more than once.
REFLECT: on the passage. Write your thoughts in a journal.
APPLY: what God teaches you from His Word to your life.
PRAY: again, asking God to help you live out His Word.

Old Testament

Sermon Creation & Covenant 23 Sept

IN THE BEGINNING w/c Sun 23/9/12

1	Creation	Genesis 1:1-2:25
2	The Fall	Genesis 3:1-3:24
3	The Flood	Genesis 6:5-7:24
4	Covenant with Noah	Genesis 8:1-9:17
5	Tower of Babel	Genesis 11:1-11:9

THE JUDGES w/c Sun 28/10/12

26	Israel's Disobedience	Judges 2:6-3:6
27	Deborah Leads Israel	Judges 4:1-5:3
28	Gideon Defeats Midianites	Judges 6:1-7:25
29	Sampson Defeats Philistines	Judges 13:1-16:31
30	The Story of Ruth	Ruth 1:1-4:22

ABRAHAM, ISAAC & JACOB w/c Sun 30/9/12

6	The Call of Abram	Genesis 12:1-12:20
7	God's Covenant with Abram	Genesis 15:1-15:21
8	Isaac's Birth and Sacrifice	Genesis 21:1-22:19
9	Jacob and Esau Compete	Genesis 27:1-28:22
10	Jacob and Esau Reconcile	Genesis 32:1-33:20

Sermon Rise & Fall of Israel 4 Nov

THE RISE OF ISRAEL w/c Sun 4/11/12

31	Samuel Listens to God	1 Samuel 1:1-3:21
32	King Saul	1 Samuel 8:1-10:27
33	David and Goliath	1 Samuel 16:1-18:16
34	David and Saul	1 Samuel 23:7-24:22
35	King David	2 Samuel 5:1-7:29

THE STORY OF JOSEPH w/c Sun 7/10/12

11	Sold into Slavery	Genesis 37:1-37:36
12	Prison and Promotion	Genesis 39:1-41:57
13	Ten Brothers go to Egypt	Genesis 42:1-42:38
14	The Brothers Return	Genesis 43:1-44:34
15	Joseph Reveals His Identity	Genesis 45:1-46:7

THE FALL OF ISRAEL w/c Sun 11/11/12

36	David and Bathsheba	2 Samuel 11:1-12:25
37	King Solomon	1 Kings 2:1-3:28
38	Solomon's Temple	1 Kings 8:1-9:9
39	Elijah and Prophets of Baal	1 Kings 16:29-19:18
40	The Fall of Jerusalem	2 Kings 25:1-25:30

Sermon God Delivers His People 14 Oct

MOSES AND THE EXODUS w/c Sun 14/10/12

16	Birth of Moses	Exodus 1:1-2:25
17	The Burning Bush	Exodus 3:1-4:17
18	The Ten Plagues	Exodus 6:28-11:10
19	Passover and Exodus	Exodus 12:1-12:42
20	Crossing the Red Sea	Exodus 13:17-14:31

Psalms, Proverbs & Prophets 18 Nov

PSALMS AND PROVERBS w/c Sun 18/11/12

41	The Lord is My Shepherd	Psalms 23:1-23:6
42	Have Mercy on Me	Psalms 51:1-5:19
43	Praise the Lord	Psalms 103:1-103:22
44	Godly Wisdom	Proverbs 1:1-4:27
45	Proverbs of Solomon	Proverbs 16:1-18:24

THE LAW AND THE LAND w/c Sun 21/10/12

21	The Ten Commandments	Exodus 19:1-20:21
22	The Golden Calf	Exodus 32:1-34:35
23	Joshua Succeeds Moses	Joshua 1:1-1:18
24	Crossing the Jordan	Joshua 3:1-4:24
25	The Fall of Jericho	Joshua 5:13-6:27

THE PROPHETS w/c Sun 25/11/12

46	The Suffering Servant	Isaiah 51:1-53:12
47	Jeremiah's Call and Message	Jeremiah 1:1-3:5
48	Daniel in the Lion's Den	Daniel 6:1-6:28
49	The Story of Jonah	Jonah 1:1-4:11
50	The Day of Judgment	Malachi 1:1-4:6

New Testament

Sermon The Life of Jesus 2 Dec

THE LIVING WORD w/c Sun 2/12/12

51	The Word Became Flesh	John 1:1-1:18
52	Gabriel's Message	Luke 1:1-1:80
53	The Birth of Jesus	Luke 2:1-2:40
54	John the Baptist	Luke 3:1-3:20
55	Baptism and Temptation	Matthew 3:13-4:17

Sermon Paul's Travels & Letters 13 Jan

THE TRAVELS OF PAUL w/c Sun 13/01/13

76	The Road to Damascus	Acts 9:1-9:31
77	The First Missionary Journey	Acts 13:1-14:28
78	The Council at Jerusalem	Acts 15:1-15:41
79	More Missionary Journeys	Acts 16:1-20:38

Sermon The Teaching of Jesus 9 Dec

THE TEACHING OF JESUS w/c Sun 9/12/12

56	Sermon on the Mount - 1	Matthew 5:1-6:4
57	Sermon on the Mount - 2	Matthew 6:5-7:29
58	The Kingdom of Heaven	Matthew 13:1-13:58
59	The Good Samaritan	Luke 10:25-10:37
60	Lost and Found	Luke 15:1-15:32

PAUL TO THE CHURCHES w/c Sun 20/01/13

81	More than Conquerors	Romans 8:1-8:39
82	The Fruit of the Spirit	Galatians 5:16-6:10
83	The Armour of God	Ephesians 6:10-6:20
84	Rejoice in the Lord	Philippians 4:2-4:9
85	The Supremacy of Christ	Colossians 1:1-1:23

Sermon The Life of Jesus 16 Dec

THE MIRACLES OF JESUS w/c Sun 16/12/12

61	Feeding the Five Thousand	Luke 9:1-9:36
62	Walking on Water	Matthew 14:22-14:36
63	Healing the Blind Man	John 9:1-9:41
64	Healing a Demon Possessed Man	Mark 5:1-20
65	Raising Lazarus from the Dead	John 11:1-11:57

PAUL TO THE LEADERS w/c Sun 27/01/13

86	Elders and Deacons	1 Timothy 3:1-3:16
87	The Love of Money	1 Timothy 6:3-6:21
88	Good Soldiers of Christ	2 Timothy 2:1-2:26
89	All Scripture - God-breathed	2 Timothy 3:10-4:8
90	The Coming of the Lord	1 Thessalonians 4:13-5:11

CHRISTMAS WEEK - WEEK OFF

Death of Jesus & Life of Church 30 Dec

THE CROSS OF CHRIST w/c Sun 30/12/12

66	The Last Supper	Luke 22:1-22:46
67	Arrest and Trial	John 18:1-18:40
68	The Crucifixion	John 19:1-19:42
69	The Resurrection	John 20:1-21:25
70	The Ascension	Acts 1:1-1:11

Sermon Apostles + John's vision 3 Feb

THE APOSTLES' TEACHING w/c Sun 3/02/13

91	The Most Excellent Way	1 Corinthians 13:1-13:13
92	A New Creation in Christ	2 Corinthians 4:1-6:2
93	A Living Hope	1 Peter 1:1-2:12
94	Faith and Works	James 1:1-2:26
95	Love One Another	1 John 3:11-4:21

THE CHURCH IS BORN w/c Sun 6/01/13

71	The Day of Pentecost	Acts 2:1-2:47
72	Growth and Persecution	Acts 3:1-4:37
73	The First Martyr	Acts 6:8-8:8
74	Sharing the Word	Acts 8:26-8:40
75	Good News for All	Acts 10:1-11:18

THE REVELATION w/c Sun 10/02/13

96	A Voice and a Vision	Revelation 1:1-1:20
97	Messages to the Churches	Revelation 2:1-3:22
98	The Throne of Heaven	Revelation 4:1-7:17
99	Hallelujah!	Revelation 19:1-20:15
100	The New Jerusalem	Revelation 21:1-22:21